



**Dover School
District**

WELLNESS ADVISORY COMMITTEE - MINUTES

Meeting Type: **Wellness Advisory Committee Meeting**
Meeting Location: **Superintendent's Conference Rm, McConnell Center**
Meeting Date: **February 20, 2014**
Meeting Time: **3:30 PM**

The Wellness Advisory Committee Meeting was called to order by Frank Gillespie at 3:40 PM in the Superintendent's Conference Room in the McConnell Center

Attendees: Frank Gillespie- Food Service Director
Carole Soule McCammon- Dover School Board
Arthurs LeClair-DHS Biology Teacher
Bruce Patrick-DMS Dean of Students
Frances Hopkins-HSS Nurse
Chris Faro- Parent/Café Services
Amanda Spadafora-DHS Health Teacher
Patti Stiles-GES Paraprofessional

- Approved minutes of January 23, 2014 Meeting.
- Discussed procedures to retrieve/reuse milk and fruit for student snack items. Gillespie to follow-up with school nurses to ensure proper food handling and storage.
- Discussed snack provisions to ES students. Patti Stiles indicated that time constraints often lead to students discarding lunch in order to receive snack sherbet. Ms. Stiles suggested that menu when snacks are offered should be easier for students to consume (i.e. pizza vs. a multi-component meal)
- Discussed current state of student account balances related to DMS. Bruce Patrick offered to have call placed to homes from his office to assist with collection. Gillespie to provide listing of student accounts with arrears of greater than -\$20.00
- Carole Soule McCammon opened discussion with Bruce Patrick regarding the provision of recess at DMS. Mr. Patrick provided detail on current offerings and challenges faced at DMS. Mr. Patrick sited lack of available space, lack of supervision and time constraints as obstacles to providing recess to all students at DMS. Discussion led to need for all schools to have individual plan to promote and increase physical activity for all students in the district. Wellness Committee to follow-up
- Open Agenda/Ideas/Suggestions;
Carole Soule McCammon discussed need to review current Dover Wellness policy to ensure inclusiveness of current guidelines/practices. Ms. Soule McCammon to provide Wellness Committee with Wellness policies from other districts for comparison. Wellness Committee to follow up.
- Meeting adjourned at 5:05

Respectfully submitted,
Frank Gillespie, FSD