

FALL SPORTS

Start Date

- football - 3 boys teams - 8/12
- cross - country - b/g teams - 8/17
- field hockey - 2-3 girls teams - 8/17
- golf - coed - 2 teams - 8/17
- soccer - 3 b & 3 g teams - 8/17
- girls volleyball - 2-3 teams - 8/17
- cheerleading - 2 teams - 8/17
- unified soccer - 9/2

WINTER SPORTS

- basketball - 3 boys & 3 girls teams - 11/30
- ice hockey - boys & girls teams - 11/30
- swim - boys & girls teams - 11/16
- track - boys & girls teams - 11/30
- cheerleading - 2 teams - 11/30
- gymnastics - 1 girls team - 11/30
- alpine ski - boys & girls team - 11/23
- unified basketball - 12/7

SPRING SPORTS

- track - boys & girls teams - 3/22
- baseball - 3 boys teams - 3/22
- softball - 2-3 girls teams - 3/22
- lacrosse - boys/girls - 2 or 3 teams each 3/22
- tennis - boys & girls - 3/22
- boys volleyball - 2 teams - 3/29
- unified volleyball - 3/29

ATHLETIC LEADERSHIP COUNCIL

(A.L.C)

Consists of 25 to 35 Junior and Senior Student-Athletes. The members of the A.L.C. that make up this Council are leaders in the school and community. Coaches nominate Student-Athletes during their Sophomore year for the A.L.C..

SPORTSMANSHIP CODE

- Realize that a ticket is a privilege to observe a contest and support high school activities, not a license to verbally assault others or be generally obnoxious.
- Respect decisions made by contest officials.
- Be an exemplary role model by positively supporting teams in every manner possible, including content of cheers and signs.
- Respect fans, coaches and participants.
- BE A FAN.....NOT A FANATIC

DOVER HIGH SCHOOL

Dr. Elaine Arbour
Superintendent of Schools

Peter Driscoll
Principal

Peter Wotton
Athletic Director



DOVER HIGH SCHOOL

ATHLETIC DEPARTMENT

We are excited to announce that we have gone to online registration for our high school and middle school athletic programs through our partner company, FamilyID (www.familyid.com).

FamilyID is a secure registration platform that provides you with an easy, user-friendly way to register for our programs, and helps us to be more administratively efficient and environmentally responsible.

When you register through FamilyID, you enter your information once for multiple uses, multiple kids and multiple programs.

A parent/guardian must register his/her student athlete. You may do so by logging on to this link.

<https://www.familyid.com/dover-highmiddle-school>

ATHLETICS

The Athletic Program is a major part of the comprehensive high school. Dover Public Schools offers a wealth of opportunities at the secondary level for growth and enrichment through athletics.

Each year at the high school level will be a year of challenge, a year of change, and a year of progress. Students will gain the opportunity to participate in quality school-sponsored after school athletic programs with direction furnished by a specially selected group of coaches.

Participation in athletics is truly a learning experience and an enhancement of the regular school day. National studies and research indicate that:

- Participation in athletics promotes citizenship.
- The typical student involved in athletic programs has a higher grade point average than non-participants.
- Students involved in athletics have a better attendance record.
- Of all students who drop out of school, 96% are NOT involved in athletics.
- The Scholastic Aptitude Testing Service says participation in school activities is one of the most accurate predictors of success after college.

One principle value of sport is in the realization that life is reflected in the athletic endeavor. Success is facilitated by 1) being well prepared, 2) maintaining a positive attitude, 3) developing a dedication to a cause, and 4) establishing high standards of conduct and attitude. Athletics prepare our young people for the challenges of adult life.

A great tradition for excellence in athletics is not built overnight. It takes the hard work of many people over a period of time. To participate in such a way that honor and respect come to our athletes, our school, and our community is a tradition at Dover High School. As a member of an interscholastic team, a student has responsibilities. The role of contributing to our athletic tradition will be a source of satisfaction to the students, the school and the community.

School is more meaningful and enjoyable when a student becomes involved in the athletic program. It is an opportunity to make friends, to learn some important social skills, and to take part in an organized activity.

Most of the activities require only an interest, some a try-out, others a special skill, but there is something for everyone.

For up to the minute sport schedules, please check the website: www.scheduledstar.com

BASIC ELIGIBILITY

- must be a bona fide student in good standing.
- must sign a student contract agreeing to all training rules. Must have a current physical to begin grade 9 athletics.
- In order to represent DHS in any interscholastic contest a student must pass at least 6 (six) classes during the previous marking period.
- must not have reached their nineteenth birthday on or before September 1 of the current school year.
- must be an amateur as defined by the NHIAA.

JOIN IN

Dover High School stresses the importance of well balanced athletic programs for boys and girls and realizes that many hours are given for study, practice and total participation in any athletic program. Dover High School encourages parent and community support of students for their achievement as these activities are instrumental in developing great community interest and pride.

Everyone is invited to support our students and their schools through attendance at the various events. You will find them to be most enjoyable and worthy of your time and effort.