



**Dover School  
District**

## WELLNESS ADVISORY COMMITTEE- MINUTES

Meeting Type: **Wellness Advisory Committee Meeting**  
Meeting Location: **Superintendent's Conference Rm, McConnell Center**  
Meeting Date: **May 15, 2014**  
Meeting Time: **3:30 PM**

The Wellness Advisory Committee Meeting was called to order by Karen Taylor at 3:40 PM in the Superintendent's Conference Room in the McConnell Center

Attendees: Frank Gillespie- Food Service Director  
Carole Soule McCammon- Dover School Board  
Karen Taylor-BA  
Bruce Patrick-DMS Dean of Students  
Linda Wyeth-DMS Nurse  
Abby Martinen-UNH Student, recent DHS graduate  
Erin Meserve-WPS Case Manager

- The meeting of the Wellness Committee was called to order by Karen Taylor at 3:40 pm.
- The minutes of the April 17, 2014 were reviewed. One change was requested by Carole Soule McCammon. That the sentence stating, " Bruce Patrick moved, Claudia Lynch seconded to elect Carole Soule McCammon and Karen Taylor as Committee Co-Chairs", be changed to reflect that Karen Taylor was elected Committee Chair and Carole Soule McCammon was elected Vice-Chair.
- Motion to approve the minutes of April 17, 2014 as amended by Bruce Patrick, seconded by Abby Martinen. By unanimous consent the minutes were approved as amended.
- The first item on the agenda is to review the current Dover School District Wellness Policy. Information was shared by Frank Gillespie via email prior to the meeting regarding policy guidelines and a link was provided show example of other school district Wellness Policies that the NH Department of Education has provided as examples.
- Debate followed as to whether or not the Dover Wellness Policy should be revised and, if so, how. There was some discussion about how best to use the material available from the USDA, the State of NH and other school districts. It was agreed that there was a considerable amount of information and that a great deal of it is confusing. A motion was made to revise the Wellness Policy by Bruce Patrick, seconded by Carole Soule McCammon. The motion passed by unanimous consent.
- It was felt that the language in the current policy should be clarified, updated and strengthened. It was determined that the best course of action would be to review each numbered section of the policy separately in order to ensure that we had the proper major points covered and to ensure that the action items contained in each section were appropriate and achievable.
- Discussion focused on item # 1 – 4, (Nutrition Education, School Meals Program, Wellness & Discipline and Promoting Healthy Lifestyles). The committee reviewed and began brainstorming session on how to update language.
- Motion to adjourn by Bruce Patrick, seconded by Linda Wyeth. By unanimous consent the meeting adjourned at 4:50pm