



**Dover School
District**

WELLNESS ADVISORY COMMITTEE- MINUTES

Meeting Type: **Wellness Advisory Committee Meeting**
Meeting Location: **Superintendent's Conference Rm, McConnell Center**
Meeting Date: **February 19, 2015**
Meeting Time: **3:30 PM**

The Wellness Advisory Committee Meeting was called to order at 3:37 PM in the Superintendent's Conference Room in the McConnell Center.

Attendees: Karen Taylor
Art Leclair
Alyssa Brigandi
Frank Gillespie
Myles Underwood
Chris Faro
Erin Marshall
Elaine Arbour
Kathy Lupi
Linda Wyeth

1. Norms of Collaboration were discussed, Paraphrasing was selected. Art LeClair was chosen as the Process Observer.
2. The vote on approval of minutes of January 15, 2015 was postponed.
3. Citizen's Forum—No one addressed the committee.
4. Compare Checklist to Current Policy—Dr. Arbour stated that the advertising policy is under review and will have the Wellness Committee review it before it goes to the School Board for approval.

Mr. Faro discussed the policy checklist from the NH DOE website. There is a newer version with additional items and an additional section that discusses measuring progress on goals.

A copy of the new version of the checklist and definitions will be located and added to the Wellness documents on Google Docs site.

Checklist

- Does the local school wellness policy have a goal for nutrition education?

Discussion ensued and it was determined that a survey should be created and distributed to teachers to determine what is currently being taught regarding wellness in classes and at what levels. Goals and their measurability were discussed. It was asked if artifacts could be collected from classrooms relating to the goals to show what is currently being taught.

Food Service Manager Frank Gillespie stated that a UNH graduate student could assist with the survey and analysis of the results of the survey.

Ms. Lupi added that the staff should receive more Professional Development in this area to which Mr. Leclair agreed.



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Dr. Arbour stated that she would contact Kim Stephens to determine if wellness is addressed in the Youth Risk Behavior Study that is given to middle and high school students each year.

The next meeting will be held on March 19, 2015.

Elaine Arbour moved, Art Leclair seconded to adjourn the meeting at 5:00 pm.

Respectfully submitted,
Karen Taylor, MBA, CPA
Business Administrator

DRAFT