



**Dover School
District**

WELLNESS ADVISORY COMMITTEE- MINUTES

Meeting Type: **Wellness Advisory Committee Meeting**
Meeting Location: **Superintendent's Conference Rm, McConnell Center**
Meeting Date: **March 19, 2015**
Meeting Time: **3:30 PM**

The Wellness Advisory Committee Meeting was called to order at 3:38 PM in the Superintendent's Conference Room in the McConnell Center.

Attendees: Karen Taylor
Art Leclair
Alyssa Brigandi
Frank Gillespie
Myles Underwood

1. Norms of Collaboration were discussed; paying attention to self and others was selected.
2. Art Leclair moved, Alyssa Brigandi seconded approval of minutes or January 15, 2015. The motion passed unanimously. Approval of February 19, 2015 minutes was tabled.
3. Citizen's Forum—No one addressed the committee.
4. Wellness Curriculum Discussion—the School Policy Wellness tool from UNH Coop Extension was distributed. Administrators will be asked to complete this for the schools. UNH Coop Extension will be invited to discuss.

Discussion ensued on a survey monkey survey to all district staff to determine who had nutrition education and/or physical activity embedded in their classroom curriculum.

Paula Glynn will provide the committee with a copy of the official curriculum.

The committee discussed whether the education is consistent enough throughout the district and across grade levels

There was discussion regarding ways to increase the level of interaction and participation.

It was determined that focusing on communication at all levels was something that can be done to improve.

Also discussed was how to reach students.

- The agenda for the next meeting will include:
- Results of survey monkey
- Information from Paula Glynn
- Results of school wellness policy tool
- F/R Data
- Invitation to UNH Coop Ext. to discuss their program.



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The next meeting will be held on April 16, 2015.

Alyssa Brigandi moved, Frank Gillespie seconded to adjourn the meeting at 4:50 pm. An oral vote passed unanimously.

Respectfully submitted,
Karen Taylor, MBA, CPA
Business Administrator

DRAFT