

# Heroin/Opioid Efforts



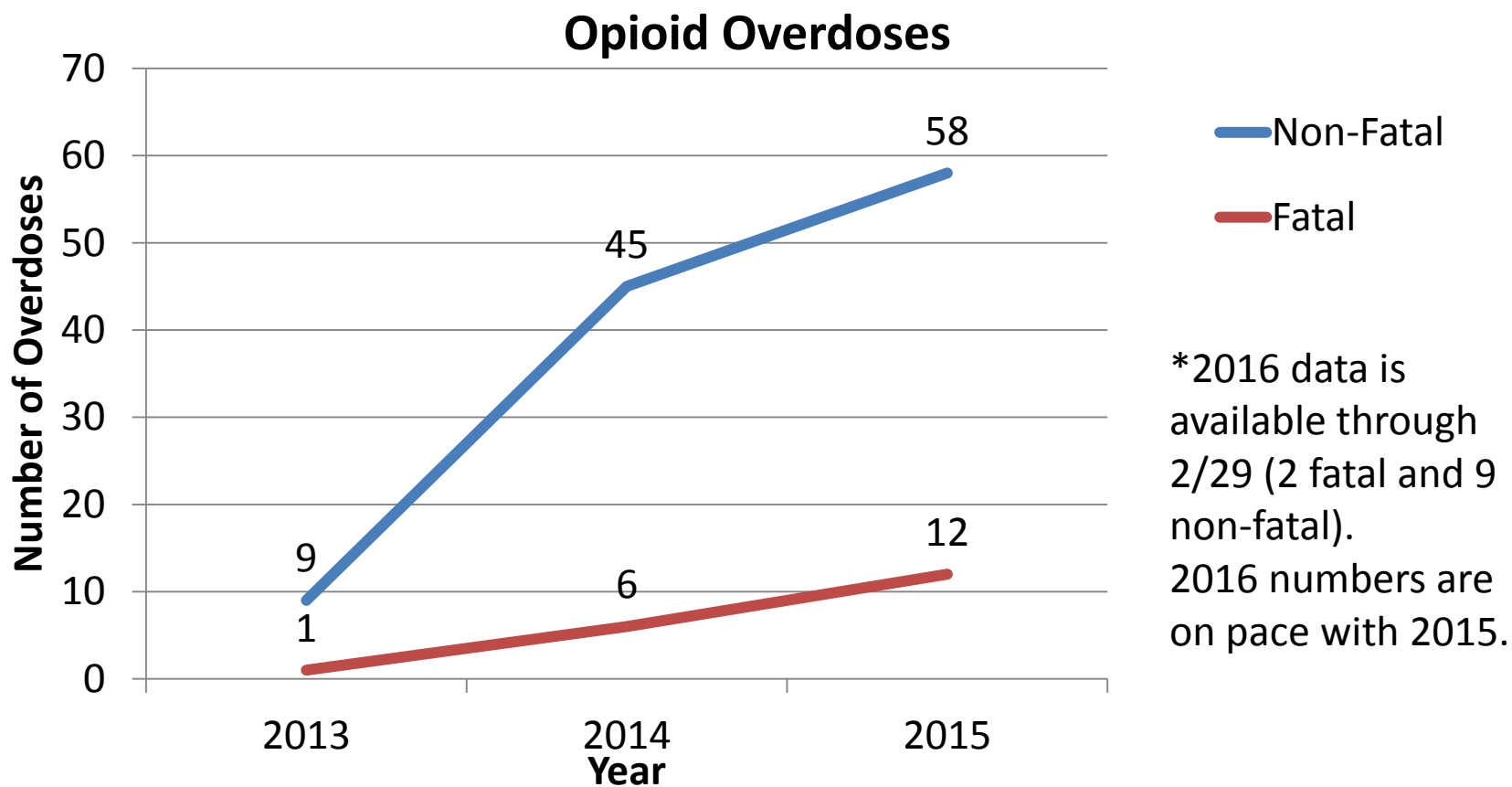
**DOVER POLICE  
DEPARTMENT**

Summary of Activities and Future Plans

March 9, 2016



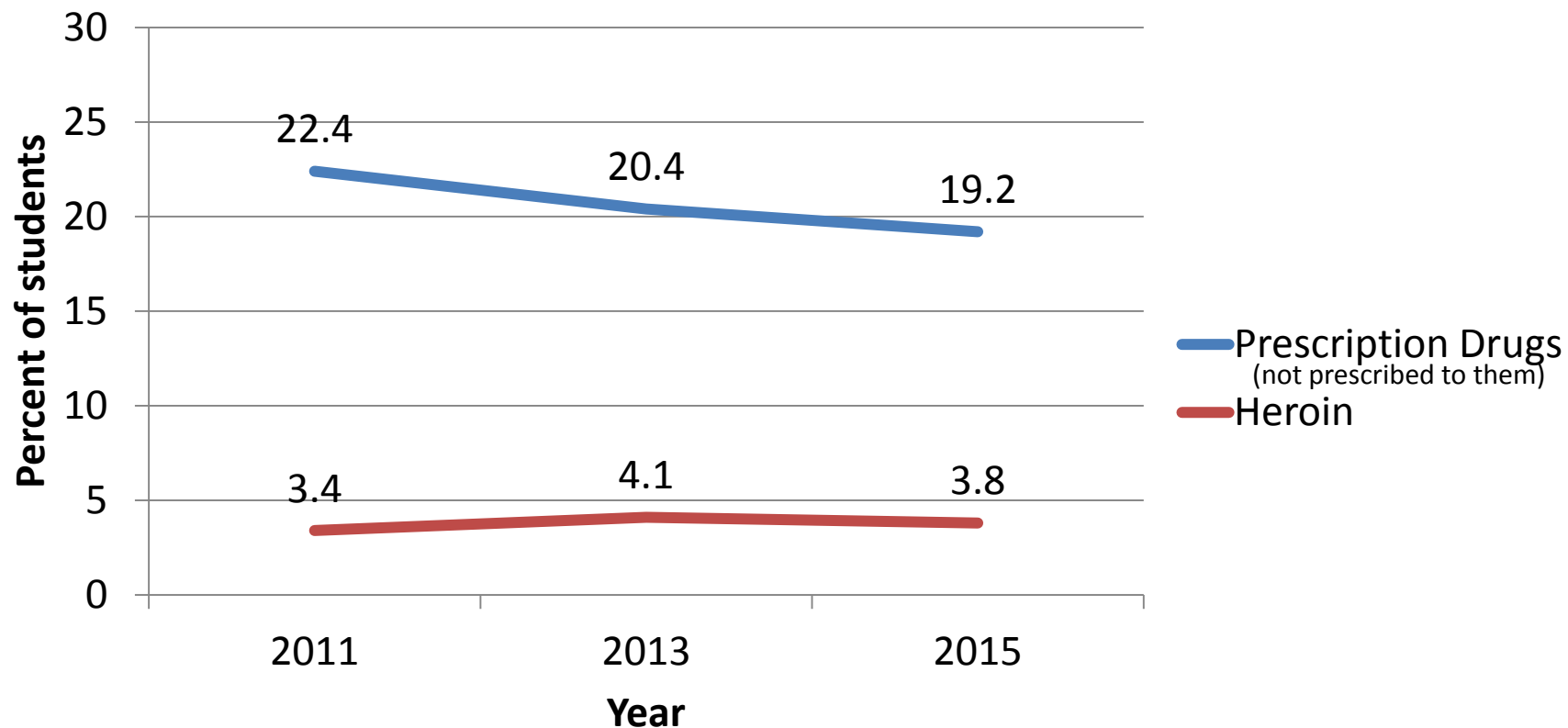
# Dover Data





# Dover Data

## Dover High School Students Reporting Having Ever Used





# Why is this a Problem?

80%

Of current heroin users started by abusing a prescription drug that was prescribed to them or obtained illicitly

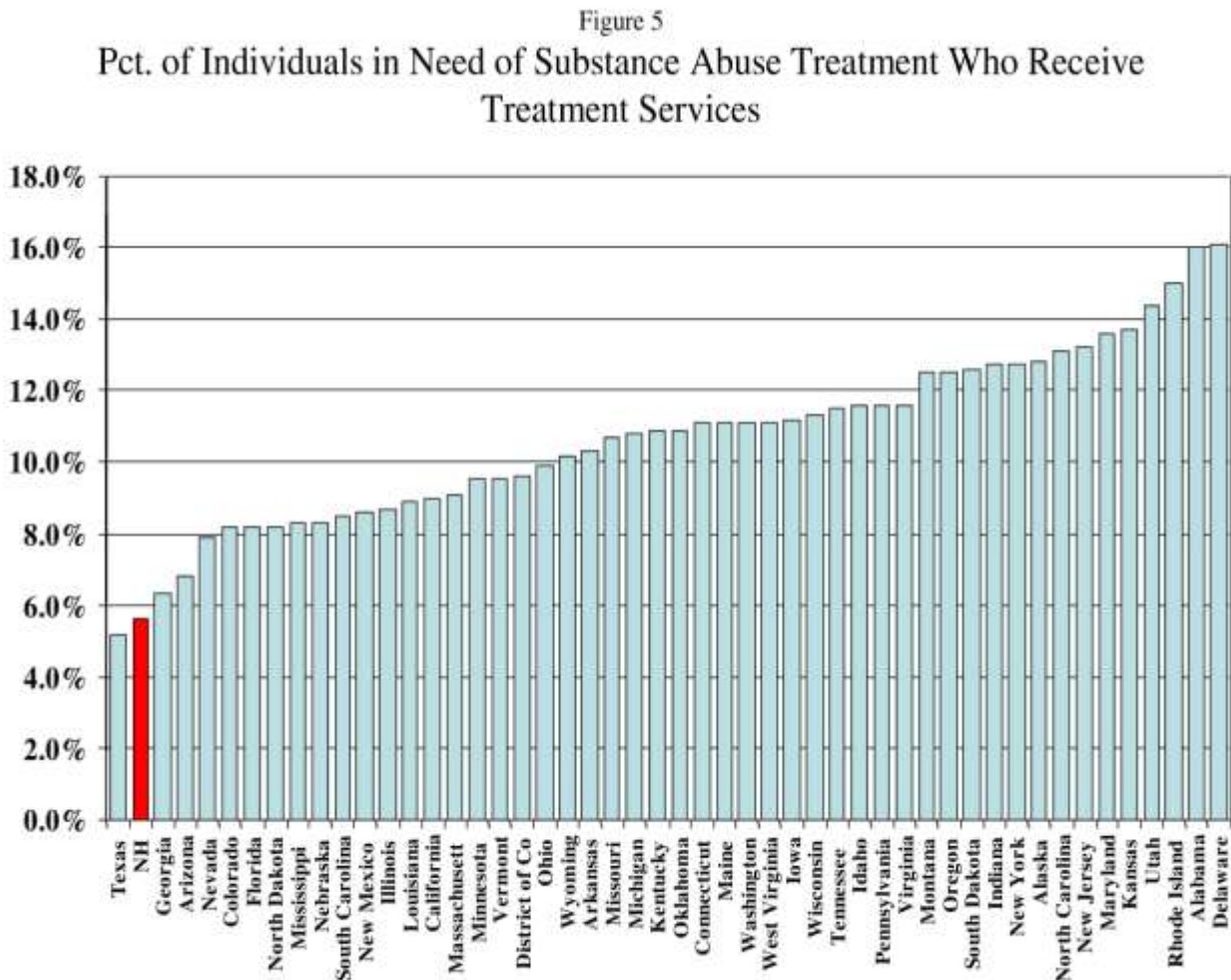
Heroin is cheaper than prescription opioids





# Why is this a Problem?

Lack of  
treatment!



Source: Center for Behavioral Statistics and Quality, SAMHSA, U.S. Dept. of Health and Human Services



# Plan Development

Reduce Access to Opioids

Increase Access to Resources

Community Education & Awareness

Naloxone Administration  
Follow-up

| Strategy                           | Activity                                                                                                             | Details/Notes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | Timeline                                                                                                                                                                              |
|------------------------------------|----------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Plan Development                   | Hold planning meeting to refine activities/strategy with key partners                                                | DPD Coalition Y2Y, Fire EMS, WDH, Goodwin/One Voice, Southeastern NH Services, Triangle Club - HA meeting, Bonfire                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | ASAP                                                                                                                                                                                  |
| Reduce Access to Opioids           | Prescription drug take back events                                                                                   | DEA sponsored event                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Sept 26, 2015 @DPD                                                                                                                                                                    |
|                                    | Make disposal bags available at PD between take back events. For free or for sale?                                   | Cost of Detera bags<br>15 pills - \$1.79<br>45 pills - \$2.69<br>90 pills - \$3.59<br><a href="http://deteravitem.com/">http://deteravitem.com/</a>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | Purchased                                                                                                                                                                             |
|                                    | Amnesty/drop off in the PD and possibly in fire stations                                                             | Need to look at legal issues of having drop boxes at fire stations and do we want to do this at the PD. In DFD even willing?                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Ongoing                                                                                                                                                                               |
| Increase Access to Resources       | Update PD and Coalition website with Heroin info (warning signs, treatment etc.)                                     | OneVoiceNH.org is in the process of adding heroin info and we might just want to link to their page                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      | ASAP                                                                                                                                                                                  |
|                                    | Recovery Day                                                                                                         | "Resource Fair" of treatment and recovery providers. Expect to have about 20 organizations represented.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | December 5, 2015 @WDH                                                                                                                                                                 |
|                                    | Recovery Coach Program - Addict can come to PD to be connected with a recovery coach to help guide them to treatment | Use Victims Inc. Model to connect addicts who come in to the PD with a recovery coach. Addict would turn over their drugs and paraphernalia if they bring any and be connected with a recovery coach that will help guide them through treatment options. Stay in touch while waiting for treatment opportunity which is when a lot of addicts are lost. Recruit Recovery Coaches and provide training to get more - Melissa Silvey and Dean LeMire are certified trainers. The training is currently a week long but we can look at doing a modified weekend training. NH state law just changed allowing recovery coaches to bill medicare and insurance companies for the services that recovery coaches provide. We could explore a partnership with WDH to bill for those services or to provide stipends per call would be easier. Local businesses, WDH grant or some other business or group could provide the stipends. Develop schedule of coaches that will be on call and provide contact info to shift commanders. Recovery Coach Description - <a href="http://www.addictionpro.com/article/recovery-coaches-offer-social-link">http://www.addictionpro.com/article/recovery-coaches-offer-social-link</a> | ASAP but March is the most realistic date to have a good sized pool of recovery coaches...there is a training planned for first quarter 2016. Vicki is attending training in October. |
| Community Education                | PSA Campaign featuring people in recovery                                                                            | Start with video stories of people in recovery and family                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | November while                                                                                                                                                                        |
| and Awareness                      | and loved ones of addicts.                                                                                           | members of addicts that can be turned into short radio spots. Footage can then be used to create a short video highlighting the problem and solutions.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | leading up to Recovery Day                                                                                                                                                            |
|                                    | Radio show tour... WTSN, WOKJ etc.                                                                                   | Potential theme of "I wish I knew..." Need to identify those willing to be recorded including women.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                       |
|                                    | Parent Education                                                                                                     | Promote the Take Back and other efforts by doing interviews on local radio.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | In advance of Take Back and after November                                                                                                                                            |
|                                    | Employer Education - Poster and trainings                                                                            | Add a segment to Parent Program about heroin, why it's a problem and what can be done                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | December                                                                                                                                                                              |
|                                    | Law Enforcement Education - What to do or say at the scene of an overdose or when people ask for help                | Develop a poster about warning signs and where to go for help. Work with Chris Placey to conduct a training for employers on how to deal with an employee who is using                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   | November/December                                                                                                                                                                     |
| Naloxone administration follow-up. | Distribute palm sized flyer to families and addicts after naloxone administration outlining resources and next steps | John Burns has agreed in concept to provide training for law enforcement. He does a lot of trainings for families about how to intervene and I think he said that he could easily modify it for law enforcement.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | October 15                                                                                                                                                                            |
|                                    | Followup calls a couple days after naloxone is administered                                                          | Vicki has a draft already and ONE Voice recently created a business card style flyer that I've been told will be rolling out statewide to be distributed after Naloxone administration. We can blend both depending on what kind of information both have. Recovery coaches will do this once that part of the proposal begins. Law enforcement can start this before Recovery Coaches are available. This can be a duty of Officer Pieniazek as he gets up to speed on the Opioid/Heroin addiction issue. He and Vicki can work together to educate themselves on all aspects of the issue                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | October 15                                                                                                                                                                            |



# Opioid Taskforce

Annual Summit and  
Legislative Breakfast



Medical Provider  
Training Video



# Drug Disposal

## Semi Annual Take Back Events



## Drug Destruction Bags





# Safe Storage





# Community Presentations

Panel Presentation at St. John's Church – 6/8

WDH Learning Series – August

Parents and Community Together – Nov.

Dover High Health Classes – November

NH Municipal Assoc Conf. – 11/19

Dover Senior Center – 2/11

Dover Rotary – 3/9





# Media



Radio PSA's

On Air Interviews





# Support for Individuals & Families with Addiction

## Overdose Follow-up Calls



**Help is Available!**  
Recovery is Possible!

**Reach Out.  
Ask for Help.**

The Dover Police Department is committed to helping anyone struggling with a drug addiction get the help they need. Call us anytime at 603-742-4646 to learn about treatment resources available in NH. Resources are also available at [www.DoverCoalition.org](http://www.DoverCoalition.org).

### Substance Use Resources

#### Treatment Programs

- Southeastern NH Services—Dover  
603-516-8181
- Farnum Center—Manchester  
603-263-6287
- Phoenix House  
603-563-8501—Dublin  
603-358-4041—Keene
- Keystone Hall—Nashua  
603-881-4848
- Hampstead Hospital—Hampstead  
603-329-5311
- Friendship House—Bethlehem  
603-869-2210

#### 12 Step Recovery (Alcoholics Anonymous and Heroin Anonymous)

**Dover Triangle Club—120 Broadway**

Dozens of meetings each week—full schedule available at  
[www.triangleclubdovernh.org](http://www.triangleclubdovernh.org)

**For additional treatment options visit  
[www.NHtreatment.org](http://www.NHtreatment.org) or call 211.**

#### Insurance Coverage Family Support

**(Assistance Enrolling or Navigating Benefits)**

Goodwin Community Health  
603-516-2556  
[www.GoodwinCH.org](http://www.GoodwinCH.org)

Families Hoping and Coping  
[familieshoping@gmail.com](mailto:familieshoping@gmail.com)  
Meetings weekly at 7pm  
Tuesdays - Frisbie Memorial Hospital  
Thursdays - Wentworth-Douglass Hospital

#### FREE Narcan

AnyoneAnytimeNH.org  
has a list of all training events.

Local health centers like Goodwin Community Health have a limited number of kits available.

## Resource Cards



# Staff Development





# Naloxone



Standing Orders in  
Local Pharmacies

Events distributing  
FREE Kits





# Recovery Day



Are you or a loved one struggling with drug addiction?

Join us for  
**Strafford County Community Recovery Day**

**Saturday December 5th**  
Drop in anytime between 11am-3pm  
Wentworth-Osage Hospital Conference Center - Dover, NH

- Have knowledge and resources necessary to take the next steps towards your own recovery or to assist a loved one in getting the help they need
- Counselors will be available on site to assist those seeking for their resources ranging from individual/group counseling to residential treatment programs
- "One step at a time" will be available where attendees can anonymously discuss any illegal drug, prescription drug or paraphernalia with no questions asked

**Special Events During the Day**

- 11am - Noon - Presentation, Treatment and Recovery Resources Available
- 11am - Presentation Presentation by Chris Placy
- 12:30pm - 12 Step Recovery Meeting
- 1:30pm - Walworth (Mammoth) training and free life
- 2:30pm - Family Support Group Meeting

**Reach Out. Get Help.**

**Treatment Works! Recovery is Possible!**

This event is being coordinated by the Dover Police Department and Dover Coalition for Youth. For additional information visit [www.DoverCoalition.org](http://www.DoverCoalition.org) or contact Yvett Hebert at 603-525-1275.



# Future Plans



Partnership with  
Wentworth-Douglass  
Hospital



# Future Plans

**Target Launch:  
Early May**

Collaboration with  
Seacoast Area Police  
Departments



Police Assisted Access to  
Treatment and Recovery





# Future Plans

**April 1<sup>st</sup>**

**Business & Government  
Breakfast Forum**

**Day Long Addiction  
Summit**

**The Opioid Taskforce of Strafford County Presents:**



**STRAFFORD COUNTY  
ADDICTION SUMMIT**  
LOCAL SOLUTIONS TO A  
NATIONAL PROBLEM

**The Economic Impact of Addiction  
Business & Government Breakfast Forum**

**FRIDAY APRIL 1, 2016 7:30-9:00 AM**

Wentworth-Douglass Hospital Garrison Wing

789 Central Ave Dover, NH

Parking on Levels 3-5 only

Drug abuse  
costs NH nearly  
**\$2 Billion**  
a year



Keynote Speaker  
**Brian Gottlob**  
PoliEcon Research

A panel presentation of local experts will provide an overview of the addiction epidemic in Strafford County. Keynote speaker Brian Gottlob will talk about Addiction and the Bottom Line: The economic impact of substance abuse. His presentation will be followed by questions and discussion from the audience.

Addiction Summit to follow from 9:30am-4pm.

**Click Here to Register for this FREE Event**

<http://tinyurl.com/h9qnjtg>

Contact Mollie Behan at [mbehan@goodwinch.org](mailto:mbehan@goodwinch.org) or by calling (603) 516-2579 for more information.



# Staff Development

**Last Week of  
March**

Recovery Coach  
Training of Trainers

**Target Date:  
April**

First Responder  
Training



**Target Date:  
TBD**

City Employee Training



# Community Education

**April 20<sup>th</sup>**

Chris & Kathi Sullivan  
Speaking to DHS  
Juniors



**Target Date:  
May**

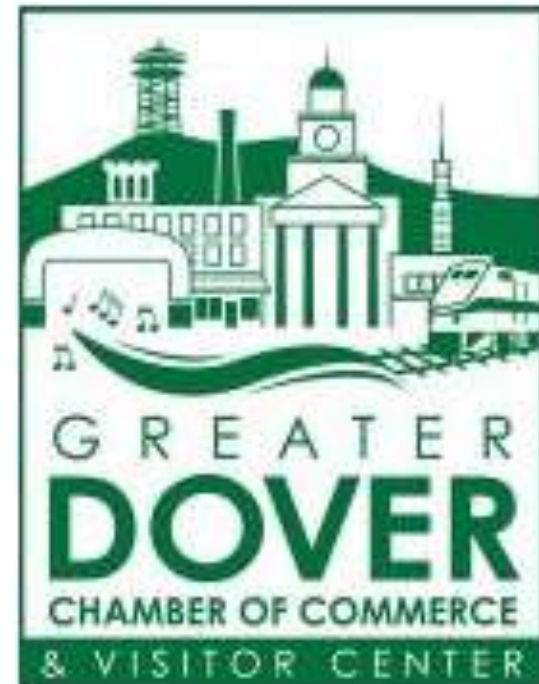
Presentation to all DHS  
Health Classes



# Employer Training

**Target Date:  
Summer 2016**

Training for local  
businesses



**SubstanceFree**  
WORKPLACE



# Drug Take Back

**April 30th**

Saturday April 30<sup>th</sup>  
10a – 2p

Dover Police Department  
46 Chestnut St





# Other

**Target Date:  
Ongoing**

Expand “If I’d Known”  
Media Campaign

**Target Date:  
December 2016**

Host Recovery Day at  
Wentworth-Douglass  
Hospital



# Local Recovery Center

**Target Date:  
August 2016**

Open Local  
Recovery Center

Year 1 – Rochester

Year 2 – Dover

Year 3 – Durham/UNH





# Questions

Vicki Hebert  
Dover Police Department  
Community Outreach Bureau  
603-516-3279  
[v.hebert@dover.nh.gov](mailto:v.hebert@dover.nh.gov)