



**DOVER SCHOOL
DISTRICT**

DOVER SCHOOL BOARD SPECIAL NOTICE

Meeting Type:	Special Meeting Notice
Meeting Location:	McConnell Center, Room 305
Meeting Date:	Monday, August 31, 2020
Meeting Time:	5:30 p.m.

- A. CALL TO ORDER**
- B. ROLL CALL**
- C. PLEDGE OF ALLEGIANCE**
- D. CITIZENS FORUM (*Limited to agenda items only*)**
- E. REQUEST TO ENTER INTO PUBLIC HEARING – *Approval for accepting and expending \$10,000 in Nellie Mae Education Foundation grant funds***
- F. FALL ATHLETIC SEASON**
- G. ATHLETIC PROTOCOLS – *Action Item***
- H. REVIEW OF THE CURRENT COVID-19 METRIC**
- I. UPDATE ON THE STATUS OF REOPENING SCHOOLS**
- J. UPDATE ON PRIORITY SERVICES**
- K. WAIVER REQUEST – POLICY IIBC / COURSES REQUIRE MINIMUM ENROLLMENT – *Action Item***
- L. NEW TEACHER NOMINATION – *Action Item***
- M. MATTERS OF INTEREST**
- N. ADJOURNMENT**

PUBLIC NOTICE

Dover School District

The Dover School District will conduct a public hearing for the purpose of accepting and expending \$10,000 in Nellie Mae Education Foundation grant funds.

Monday, August 31, 2020 at 5:30 pm
at the McConnell Center, 61 Locust Street,
Dover, NH. (Room 305)

Amanda Russell, Chair Dover
School Board



July 23, 2020

Michael Limanni
Dover School District
McConnell Center
61 Locust Street, Suite 409
Dover, NH 03820-4132

Dear Michael

On behalf of the Board of Directors of the Nellie Mae Education Foundation, I am pleased to notify you that Dover School District has been awarded a grant in the amount of \$10,000.00 to support Project DREAM Summer Programming.

A Grant Agreement Form is on the next page for your review and signature.
Our check in payment of this grant will be disbursed to you after you have acknowledged acceptance of the grant.

Should you have any questions about the grant or its conditions, please contact Stephanie Cheney, Senior Grants Manager, at (781) 348-4240 or scheney@nmefoundation.org. Best wishes for continued success with your work.

Sincerely,

DocuSigned by:

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Nicholas C. Donohue
President and CEO

**NELLIE MAE EDUCATION FOUNDATION
GRANT AGREEMENT FORM**

On **July 23, 2020** the Nellie Mae Education Foundation (Grantor) granted to the Dover School District (Grantee), the amount of \$10,000.00 payable for Project DREAM Summer Programming. Grantee agrees and consents to the following conditions of the grant:

1. Grantee will use the grant solely for the purposes stated in the accompanying cover letter, and Grantee will repay to Grantor any portion of the grant which has not been expended within the time period specified in the grant proposal.
2. Grantee will submit a report to Grantor at the end of the grant year and at the end of each succeeding grant year until the grant has been fully expended. Each report will describe the progress the Grantee has made toward achieving the purposes for which this grant was made and will detail all expenditures made from the granted funds as compared to the request budget.
3. Grantee will advise the Foundation immediately if the federal government, IRS, or state or local authorities gives the Grantee notice of a change in its tax status.
4. Grantee shall not use any portion of the funds granted herein to carry on lobbying or otherwise to attempt to influence specific legislation, either by direct or grassroots lobbying, nor to carry on directly or indirectly a voter registration drive, nor to make grants to individuals on a non-objective basis, nor to use the funds for any non-charitable or non-educational purpose.
5. Grantee will secure for any participant who, at the time of participation, is under the age of 18 a parental consent form signed by the participant's parents or legal guardians, describing in adequate detail the nature, circumstances and duration of the minor's participation and authorizing the participant's participation.
6. If the grant is \$25,000 or greater, the grantee shall contact the communications department of the Nellie Mae Education Foundation before any media outreach/communication surrounding the awarding of the grant. The grantee will coordinate with Chiara Wegener, Communications Associate in order to develop an outreach strategy that serves the needs of both organizations. Chiara can be reached at 781-348-4239 and cwegener@nmefoundation.org.
7. Grantee acknowledges that the funds provided by the Grantor are significant to the operations of the project, program or initiative named in the cover letter accompanying this Agreement. Grantee acknowledges it is able to be attentive to the operations of the Grantor through the signing of this Grant Agreement Form, the development of a Memorandum of Understanding, the submission of regular progress reports, and/or its on-going relationship with the program cluster and initiative.

7/23/2020

IN WITNESS WHEREOF, this Grant Agreement is signed this day of _____.

Dover School District (Grantee)

By _____
(Officer, Director or Trustee of Grantee)

DocuSigned by:
Michael Limanni
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DOVER SCHOOL DISTRICT

- Athletic Return -

Fall Athletics – DRAFT

September 8/14, 2020



DOVER HIGH SCHOOL / MIDDLE SCHOOL ATHLETICS – EFFECTIVE SEPTEMBER 8, 2020

It is the expectation of the Dover School District that all individuals utilizing its athletic facilities will abide by the guidelines released by institutions and agencies addressing the best practices for the return to athletics. These publications include the “State of New Hampshire’s Safer at Home Amateur and Youth Sports” document (August 12, 2020), the National Federation of State High School Associations (NFHS) “Guidance for Opening Up High School Athletics and Activities” document, and the Centers for Disease Control and Prevention (CDC) “Considerations for Schools” documents, as well as various guidelines from other state high school athletic associations and protocols set forth by the New Hampshire Athletic Directors’ Association Task Force.

ATHLETIC TRAINERS ROOM

The Athletic Trainers Room will be open for limited use. There will be no more than 4 student-athletes in the Athletic Trainers Room at any time. Anyone in the Athletic Trainers room will wear a mask or protective face covering at all times. Entrance to the Athletic Trainers room will be through the door in the main gym. To exit the Athletic Trainers Room, all students will utilize the exterior door to that room unless those student athletes are utilizing an inside space for practice/competition (e.g. volleyball, cheering, etc.).

PRIOR TO STARTING THE SEASON

- Register on “Family ID” - <https://www.familyid.com/dover-highmiddle-school>
- Provide proof of Physical (less than 2 years old) or have on file in Athletic Office

GENERAL GUIDELINES FOR COACHING STAFF AND ATHLETES

1. Facility (field/court) Limits / Spectators:

- Programs that use inside facilities will be open in a limited capacity (volleyball / cheer).
- A limited capacity will allow for a 20:1 (athlete:coach) ratio per volleyball/basketball court or cheering mat. Inside facilities will be disinfected after each use whenever possible.
- Locker rooms will NOT be utilized at this time except in unusual and limited circumstances.
- For outside programs (e.g. football, soccer, field hockey, etc.) every effort will be made to limit group size and to maintain “cohorts”. For example, Reserves Team will practice separately from Junior Varsity Teams whenever possible.
- NO spectators will be allowed at any events held indoors at Dover High School. Competitions will be streamed live whenever possible.
- Strict limits on spectator attendance will be placed on outside events (e.g. Parent/guardian, sibling only, etc.).
- Spectators at away events will be at the determination of the host school.

2. Locker Rooms:

- Locker rooms will not be used except in unusual and limited circumstances. Students are expected to come to practices and games dressed in appropriate uniform or practice gear. Restroom facilities will be open on a limited basis. Restrooms will be limited to 1 person at a time.
- Dover High School Door C-09 will be utilized as an entry point to each inside facility (main gym, Athletic Trainers Room, Auxiliary gym).

- Any ground floor exit may be used, other than Door C-09 to leave the building.
- For Dover Middle School, the rear gym door will be used to enter and exit the building for students.
- Parents/Guardians are not allowed inside either building except in unusual circumstances (e.g. retrieving injured athlete from Athletic Trainers Room, etc.) and when escorted by a staff member.

3. Daily Pre-Participation Health Screening:

- Athletes, staff, and volunteers will be screened upon arrival to each practice or competition by having their temperature taken and completing a health questionnaire.
- **PLEASE DO NOT COME TO ANY TRAINING ACTIVITIES IF YOU ARE SICK OR NOT FEELING WELL.**

4. Mandatory Face Coverings/Masks:

- All athletes, staff, and volunteers must bring to sporting events and wear reusable/washable cloth face coverings over their nose and mouth when around others and not actively engaged in athletics and/or when social distancing is not possible.
- If someone forgets a mask one will be provided.
- Staff members and volunteers MUST ensure social distancing and mask guidelines are followed whenever possible and when not actively engaged in physical activity.

5. Transportation:

- It is recommended whenever possible that all athletes who are transported to the schools for practices/competitions by motorized vehicle, should have either driven themselves or have been transported by another member of their immediate family or a member of their household.
- Athletes and parents/guardians are asked to wait in their vehicles until the designated practice time, to not congregate in groups while waiting for their activity to end and are not to enter the buildings except in unusual circumstances.
- Athletes will be permitted to be transported to away contests by a Parent/Guardian.
- For those individuals who do not have transportation to and/or from away events may utilize the school provided bus transportation.
- Masks will be worn for the duration of all bus trips.
- When riding a bus to contests, no more than 1 person per seat will be allowed whenever possible with the seat behind the driver left open.
- Windows will be open whenever possible to increase air flow.
- Members of the same household may be asked to sit together in a seat. Busses will be loaded from back to front and unloaded from front to back.
- Families will be requested to notify your teams coach of mode of transportation for an upcoming event to help ensure transportation for each individual.
- Coaches will NOT be permitted to transport students except in unusual circumstances.

6. Practice Modifications:

- Whenever possible, practice sessions should be skill-based, small-group activities.
- Interscholastic scrimmaging is not permitted at this time - only sanctioned competitions will be allowed.
- Every effort should be made to allow for 30 minutes between sessions for change over, disinfecting of certain areas and to avoid crowds in the parking areas.

7. Social Distancing:

- Social distancing guidelines must be followed whenever physical activity is not taking place (e.g. waiting in line during drill, hydration breaks, etc.).
- A minimum of 6 feet of distance or more will be maintained as much as reasonably possible by all athletes and staff.
- Staff members and volunteers MUST ensure social distancing and mask guidelines are followed whenever possible and when not actively engaged in physical activity.

8. Sanitizing / Hydration / Food:

- Students are asked to bring alcohol-based sanitizer of at least 60% alcohol.
- Alcohol-based sanitizer shall be on hand and readily available for those who do not bring their own.
- Hand sanitizing stations will be available on site and must be used before participation.
- Balls, equipment, and any commonly touched items and surfaces should be thoroughly disinfected intermittently and after each session.
- Athletes are encouraged to shower immediately prior to arrival whenever possible. Hand sanitizing stations will be available on-site and must be used before participation.
- Coaches will provide breaks during training sessions and practices for sanitation and hydration purposes.
- Every student should bring their own personal water “bottle” – filling stations will be provided for refilling of personal water bottles.
- Students and coaches are allowed to bring their own food to events. Food is never to be shared. Hand sanitizer must be used prior to consuming any food.

9. Protective Equipment/Equipment:

- Athletes must bring their own personal protective equipment or any equipment which is supplied by the school (e.g. football equipment, catcher’s equipment, field hockey equipment, batting helmets, etc.).
- All personal protective equipment must be sanitized by each participant prior to the next session and those items are NOT to be shared.
- All training items will be cleaned and disinfected intermittently during a session and after each session.

10. Designated Isolation Area(s):

- An isolation area shall be identified and communicated to all participants at the beginning of the season for individuals that do not pass the health screening or develop symptoms during the activity.
- For those who develop symptoms or are diagnosed with COVID-19, we will refer to the Safer at Home Amateur and Youth Sports Document.
- Guidance is covered under the Employee, Volunteer and Athlete Protection section – click link: <https://www.covidguidance.nh.gov/sites/g/files/ehbemt381/files/inline-documents/2020-05/guidance-amateur-youth-sports.pdf>

11. Player Benches / Dugouts:

- Dugout areas and bench areas will have limited use and will only be used when social distancing can be maintained.

- Athletes and Coaches are allowed to bring their own PERSONAL chair. Chairs are NOT to be shared between participants and should be placed using social distancing guidelines.
- All personal belongings of athletes must be placed a minimum of six feet apart and participants should not touch the belongings of others.
- Locker rooms will NOT be used except in unusual circumstances and on a limited basis.

SPECIFIC PROTOCOL FOR STAFF

1. Prior to activity, coaching staff will be trained by the Athletic Director or designee on the District guidelines above.
2. Daily attendance of participants must be kept. Coaches are responsible for keeping daily participation records and will produce those records upon request.
3. Staff will report any athletes with confirmed symptoms during activity to at least one designated staff member (Athletic Trainer, Athletic Director, Principal, Head Coach, etc.).
4. Equipment will be properly cleaned before next use and stored. Balls and other commonly used equipment that has been handled will be cleaned with alcohol-based disinfectant.

SPECIFIC SPORT GUIDELINES AND EXPECTATIONS

<file:///C:/Users/pwotton/Documents/CovidSportsSpecificGuidingDocumentDRAFTAug26.pdf>

Dover School District
Interscholastic Athletics Return to Play Fall 2020

CROSS COUNTRY Guidelines 2020

General Precautions	IF YOU FEEL ILL, STAY HOME!
	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
Daily Screening	Covid Health Monitoring Sheet will be used through Google Forms process or Paper Document.
Masks	Masks are permitted at all times. Masks will be required when students/coaches are not actively engaged in physical play.
Social Distancing	Social distancing will be required when not actively engaged in physical play. Students and adults should maintain 6 feet or more of physical distance.
Practice Travel	HS Students: Students should arrive for a typical practice time at Dover High School (Track) for a 3:30 PM Warmup. All vehicles that are to be parked for Cross Country practice and meet purposes should use the large parking lot in front of Dover High School.
	MS Students: Students should arrive for a typical practice time at Garrison Elementary School (Track) for a 4:30 PM Warmup.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location.
Practice Times	Practices will begin no earlier than 3:00 PM for HS and MS. Typically the DHS cross country team will begin practice at 3:30 on the Dover High School Track and the Middle School team will begin at 4:30 at Garrison elementary school.
Event personnel required (and duties)	Meet Director: ensure the separation of students on the start line, walk throughs, and warmups. Ensure that fans are not congregating.
	High School only: Athletic Trainer will be on-site to ensure the safety of student athletes.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared to participate prior to leaving will not be permitted to play in that day's event.

Dover School District
Interscholastic Athletics Return to Play Fall 2020

CROSS COUNTRY Guidelines 2020

Event Travel	All teams will be screened and cleared prior to boarding the bus. Whenever possible students will be seated 1 to a seat with the seat behind the bus driver left open. More than 1 student per seat is permissible IF those individuals in the same seat are members of the same household. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared prior to participation will not be permitted to take part in that day's event.
Pregame Conference/Meeting	Instructions at the start line will be done in a manner to allow for social distancing.
Event Accommodations	Reduce the number of teams attending events to reduce the number of students and spectators in one location.
Score table set up	Results table will be set up to allow for minimum 6 feet of distance between officials, coaches, participants, etc.
Team Bench set up	Team areas/tents should be setup and conducted to allow for 6 feet of distancing between participants and spectators.
Fans in Attendance	Immediate family only will be permitted to attend meets.
	Family members will be required to wear masks while at school athletic events and must maintain a minimum 6 foot separate from other families at all times
Meet Times	Meet times may be delayed due to availability of busing not only for our students but for our opponents.
Facility Alterations for Events	More space to allow for social distancing. Longer start line.
Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration stations provided.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or meet. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	Stop watches and all timing equipment should be sanitized before and after each use. Timers' hand shall be sanitized before and after handling any timing equipment.
Warm up balls/equipment	n/a
Game balls/equipment	n/a
Locker rooms/rest rooms - participants (non school days only)	Students are to arrive to practice/events dressed for participation. Locker room access will not be available though bathroom facilities will be accessible.
Locker rooms/rest rooms - participants (school days only)	The number of students permitted into the locker room at one time will be limited. Students will be required to socially distance themselves in a line in the hallway outside the locker room wearing face coverings. Students will change into their uniforms/practice attire as quickly as reasonably possible.

Dover School District
Interscholastic Athletics Return to Play Fall 2020

CROSS COUNTRY Guidelines 2020

Rest rooms/spectators	Rest rooms and port-a-potties will be available at events. Fans are asked not to congregate and leave a minimum of 6 foot distance between guests.
Officials	Officials should arrive to meets dressed to officiate. Officials shall keep 6 foot distance from all coaches, spectators, participants, and timers. Use of face masks and electronic whistles are permitted.
Press Box	n/a
Facility Cleaning/Sanitizing	Students, coaches, and meet director will be sure the practice and meet facility is cleaned daily. Plant Ops/custodial staff will clean and sanitize the restrooms and remove trash regularly.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each meet or practice.
	The use of face masks will be required at all times when spectating. Social distancing whenever possible
NFHS/NHIAA Adopted Rule Changes for 2020	http://www.nhiaa.org/ckfinder/userfiles/files/NHIAA%20Modified%202020-21%20Cross%20Country%20Rules%20Considerations.pdf
What do kids do with equipment etc in morning when arriving to school?	When in school students will meet an adult in the hallway outside appropriate locker room to store equipment as necessary.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

FALL SPIRIT Guidelines 2020

General Precautions	IF YOU FEEL ILL, STAY HOME!
	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	Covid Health Monitoring Sheet will be used through Google Forms process or Paper Document.
Masks	Masks are permitted at all times. Masks will be required when students/coaches are not actively engaged in physical play. Masks may NOT be worn while stunting. Masks must be taped and secure if worn during tumbling.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Travel	HS Students: Students should arrive for a typical practice time at Dover High School's Auxiliary Gym for a 4:30 PM Warmup. Students should enter DHS using Door C-09. All vehicles that are to be parked for Spirit practices and for Football game purposes should use the large parking lot in front of Dover High School.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location.
Practice Times	On most days practices will begin at 4:30 PM.
Event personnel required (and duties)	See football game personnel. Competition details to follow.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared to participate prior to leaving will not be permitted to play in that day's event.
Event Travel	All teams will be screened and cleared prior to boarding the bus. Whenever possible students will be seated 1 to a seat with the seat behind the bus driver left open. More than 1 student per seat is permissible IF those individuals in the same seat are members of the same household. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared prior to participation will not be permitted to take part in that day's event.
Pregame Conference/Meeting	See football game personnel. Competition details to follow.
Pregame Introductions/Anthem	Spirit teams shall not congregate to allow for a "crash banner" for the team. The team call social distance creating a "tunnel" for the team to run through.
Event Accommodations	See football accommodations. The spirit team will social distanced while on the sidelines.
Event Times	Will vary depending on day and event.
Score table set up	See football game personnel. Competition details to follow.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

FALL SPIRIT Guidelines 2020

Team Bench set up	See football game personnel. Competition details to follow.
Fans in Attendance	Immediate family only will be permitted to attend games. Family members will be required to wear masks while at school athletic events and must maintain a minimum 6 foot separate from other families.
Facility Alterations for Events	More space to allow for social distancing.
Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration stations provided.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or game and as often as possible during practices/games. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	Signs and poms, or other props, should not be shared amongst athletes unless disinfected between use. All equipment should be sanitized after each event.
Locker rooms/rest rooms - participants (non school days only)	Students are to arrive to practice/events dressed for participation. Locker room access will not be available though bathroom facilities will be accessible.
Locker rooms/rest rooms - participants (school days only)	The number of students permitted into the locker room at one time will be limited. Students will be required to socially distance themselves in a line in the hallway outside the locker room wearing face coverings. Students will change into their uniforms/practice attire quickly.
Rest rooms/spectators	Rest rooms will be available on a limited basis. Restrooms will be disinfected regularly
Officials	See football game personnel. Competition details to follow.
Press Box	See football game personnel. Competition details to follow.
Facility Cleaning/Sanitizing	Students and coaches will work to insure all practice spaces are left as neat as reasonably possible after each use. Coaches should disinfect mats using disinfecting sprayer. Plant Ops/custodial staff will clean and sanitize the restrooms and remove trash regularly.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME. Provide personal equipment and water bottles for your child and clearly label them. Disinfect your child's personal equipment after each game or practice. Encourage the use of face coverings, social distancing, and good hygiene for all household members.
NFHS/NHIAA Adopted Rule Changes for 2020	http://www.nhiaa.org/ckfinder/userfiles/files/NHIAA%20Modified%202020-21%20Spirit%20Rules%20Considerations.pdf
what do kids do with equipment etc in morning when arriving to school?	When in school students will meet an adult in the hallway outside appropriate locker room to store equipment as necessary.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

FIELD HOCKEY Guidelines 2020

General Precautions	IF YOU FEEL ILL, STAY HOME!
	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	Covid Health Monitoring Sheet will be used through Google Forms process or Paper Document.
Masks	Masks are permitted at all times. Masks will be required when students/coaches are not actively engaged in physical play.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Travel	HS Students: Students should arrive for a typical practice time at Dover High School (Fisk Field) for a 3:30 PM Warmup. All vehicles that are to be parked for field hockey practice and game purposes should use the Fisk Field parking lot in front of Dover High Schools Bellamy Academy.
	MS Students: Students should arrive for their 3:00 pm practice times at Dover High Schools Baseball Field (on most occasions unless otherwise specified). All Students should be dropped off and picked up via the access road at the rear of Dover High School. The parking lot in front of Dover High School should be used for Home Middle School Field Hockey games and practices when necessary - please do NOT drive into Dunaway Gate off Bellamy Road unless Handicap Placard is visible - this will allow for greater social distancing.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location.
Practice Times	Practices will not begin before 3:00pm at both HS and MS. On remote and hybrid days students will be bused back to school after the elementary bus routes.
Event personnel required (and duties)	Game Officials, Athletic Trainer, Athletic Director and Coaches: Encourage wearing of masks whenever not actively engaged in physical activity. Encourage social distancing whenever reasonably possible
	High School only: Athletic Trainer to ensure the safety of student athletes.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared to participate prior to leaving will not be permitted to play in that day's event.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

FIELD HOCKEY Guidelines 2020

Event Travel	All teams will be screened and cleared prior to boarding the bus. Whenever possible students will be seated 1 to a seat with the seat behind the bus driver left open. More than 1 student per seat is permissible IF those individuals in the same seat are members of the same household. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared prior to participation will not be permitted to take part in that day's event.
Pregame Conference/Meeting	All pregame meetings should ensure social distancing guidelines. All personnell are expected to wear face coverings during all pre-game conferences and equipment checks.
Pregame Introductions/Anthem	Teams shall not gather together for pregame introductions of players. All players should report to their starting positions on the field. If introductions are to be done, players can be recognized from the field and bench area. If the National Anthem is to be played/sung, team members will participate from their spots on the field or bench area. There is not to be any congregating during the National Anthem.
Event Accommodations	Teams will not attend large scale jamborees. Teams will only attend head-to-head games. JV and Varsity teams will be as separate as possible when warming up, on the sidelines, and during games.
Score table set up	Only the game director, coaches, game officials, official scoreboard operator/timer, the home team book, and the athletic trainer will be permitted at the score table.
Team Bench set up	Team benches/areas are to be arranged in a manner that promotes social distancing. All members of a team on the sideline will observe 6 feet of social distancing. Team members and coaches should wear face coverings when not able to maintain a minimum of 6 foot distance. All personal belongings should be stored with at least 6 feet of distance between teammates belongings.
Fans in Attendance	Immediate family only will be permitted to attend games. Family members will be required to wear masks while at school athletic events and must maintain a minimum 6 foot separate from other families.
Game Times	Game times could be pushed later in the day whenever possible due to availability of busses for our students and for our opponents. Time between JV and Varsity games could also be extended as necessary Available sunlight will determine some game times, especially later in the season.
Facility Alterations for Events	Whenever possible more space should be considered to allow for social distancing.
Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration stations provided.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or game and as often as possible during practices/games. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	Team equipment shall be sanitized after each practice and game. Virex II will be used to santize Field Hockey Balls, pinnies and cones.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

FIELD HOCKEY Guidelines 2020

Warm up balls/equipment	Each team will provide their own sport specific balls and other equipment for warm ups. Teams will not share field hockey balls for warm ups.
Game balls/equipment	Home team will provide the required number of game balls to be able to sanitize and rotate in balls as necessary. Players, coaches, and officials should handle the field hockey balls with their sticks and feet and not with their hands whenever possible.
Locker rooms/rest rooms - participants (non school days only)	Students are to arrive to practice/events dressed for participation. Locker room access will not be available though bathroom facilities will be accessible.
Locker rooms/rest rooms - participants (school days only)	The number of students permitted into the locker room at one time will be limited. Students will be required to socially distance themselves in a line in the hallway outside the locker room wearing face coverings. Students will change into their uniforms/practice attire quickly.
Rest rooms/spectators	Some rest rooms and port-a-potties are available at the schools. Fans are asked not to congregate and leave a minimum of 6 foot distance between guests.
Officials	Officials should arrive to meets dressed to officiate. Officials shall keep 6 foot distance from all coaches, spectators, participants, and timers. Officials should not touch the field hockey balls with their hands. Use of face masks and electronic whistles are permitted.
Press Box	See scoretable above.
Facility Cleaning/Sanitizing	Students and coaches will work to insure all practice spaces are left as neat as reasonably possible after each use. Plant Ops/custodial staff will clean and sanitize the restrooms and remove trash regularly.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
	Encourage the use of face coverings, social distancing, and good hygiene for all household members.
NFHS/NHIAA Adopted Rule Changes for 2020	http://www.nhcaa.org/ckfinder/userfiles/files/NHIAA%20Modified%202020-21%20Field%20Hockey%20Rules%20Cons
What do kids do with equipment etc in morning when arriving to school?	When in school students will meet an adult in the hallway outside appropriate locker room to store equipment as necessary.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

FOOTBALL Guidelines 2020

General Precautions	IF YOU FEEL ILL, STAY HOME!
	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	Covid Health Monitoring Sheet will be used through Google Forms process or Paper Document.
Masks	Masks are permitted at all times. Masks will be required when students/coaches are not actively engaged in physical play.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Travel	During virtual learning students will be expected to provide their own transportation to and from practice. Practices will take place at Dover High School and will, whenever possible, begin at 3:30 PM. All vehicles that are to be parked for football practice and game purposes should use the large parking lot in front of Dover High School.
Practice Adjustments	Whenever possible, practices are to limit person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location. Athletes should bring all equipment home with them and clean/disinfect their equipment after each use.
Practice Times	Practices will not begin before 3:30 PM on typical practice days and situations.
Event personnel required (and duties)	Game Director: TBA
	High School: As much as possible the Athletic Trainer will be on site to help ensure the safety of student athletes. Whenever possible a Team Physician and Ambulance will be on site for game.
	One Public Address Announcer will be on site for Varsity games only. Is permitted to NOT wear a mask
	Scoreboard/clock operator. Up to 2 people will be utilized
	Ticket sellers/takers will be utilized for varsity games ONLY and will wear masks while collecting and selling tickets.
	Police detail - Minimum of 2 outside. Additional security may be needed for
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus or car with their own parent. Any student not cleared prior to leaving will not be permitted to travel NOR play in that day's event.
Event Travel	All teams will be screened and cleared prior to boarding the bus. Whenever possible students will be seated 1 to a seat with the seat behind the bus driver left open. More than 1 student per seat is permissible IF those individuals in the same seat are members of the same household. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared prior to participation will not be permitted to take part in that day's event.
Pregame Conference/Meeting/Coin Toss	Limit attendees to one representative from each team. Maintain social distancing, no handshake.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

FOOTBALL Guidelines 2020

Pregame Introductions/Anthem	Teams shall not gather together for pregame introductions of players. All players should report to their starting positions on the field. If introductions are to be done, players can be recognized from the field and bench area. If the National Anthem is to be played/sung, team members will participate from their spots on the field or bench area. There is not to be congregating during the National Anthem.
Event Accommodations	Teams will not attend large scale jamborees. Teams will only attend head-to-head games. JV and Varsity teams will be as separate as possible when warming up, on the sidelines, and during games.
Score table set up/Press Box	The lower level of the press box will allow for 4 individuals (1 PA announcer, up to 2 clock/scoreboard operators, 1 opposing coaches) socially distanced. The upper level of the press box will allow for 3 individuals (1 camera operator from each team and 1 DHS Coach). All individuals who are in the press box must wear a mask over their nose and mouth at all times (other than the PA Announcer) and should remain social distanced whenever possible. The Game Director will also be permitted into the press box on a limited basis.
Team Bench set up	Team benches/areas are to be arranged in a manner that promotes social distancing. Team members and coaches should wear face coverings when not able to maintain a minimum of 6 foot distance. The team box will be extended on both sides of the field to the 10 yd line. Students and coaches should maintain social distancing of 6 feet while in the box.
Fans in Attendance	Immediate family only will be permitted to attend games (up to 2 per player, cheerleader and/or band member). All spectators will sit in the visitor side bleachers and must be socially distanced from those who do NOT reside in the same household. Those who do not sit in the bleachers should stand along the fence lines of the track and should only stand in areas that are NOT in front of either set of bleachers. (so as not to be in front of band, cheerleaders or behind player benches) Family members (spectators) will be required to wear masks while at school athletic events and must maintain a minimum 6 foot separate from other families.
Marching Band	The marching band only will be permitted to sit on the Home Side (press box side) bleachers.
Game Times	Game times could be pushed later in the day due to availability of busing not only for our students but for our opponents. Time between JV and Varsity games could also be extended. For games at Stellos - minimum 2 hours between end of game/start of next.
Facility Alterations for Events	More space to allow for social distancing. See Fans in Attendance/Marching Band
Hydration	Students will be required to provide their own water/sports drink for bottles/containers practices and games. There will be common hydration refill stations provided.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or game and as often as possible during practices/games. Students are encouraged to shower after returning home after practices or games.
Equipment Sanitization/Cleaning	Team equipment shall be sanitized after each practice and game.
Warm up balls/equipment	Each team will provide their own sport specific balls and other equipment for warm ups.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

FOOTBALL Guidelines 2020

Game balls/equipment	During games, the offensive team will provide their own game Footballs. Enough footballs should be provided to be able to sanitize and rotate as many into and out of the event as reasonably possible.
Locker rooms/rest rooms - participants (non school days only)	Students are to arrive to practice/events dressed for participation. Locker room access will be limited. Bathroom facilities will be accessible.
Locker rooms/rest rooms - participants (school days only)	The number of students permitted into the locker room at one time will be limited. Students will be required to socially distance themselves in a line in the hallway outside the locker room wearing face coverings. Students will change into their uniforms/practice attire quickly.
Rest rooms/spectators	Rest rooms will be available at Stellos as usual. Some rest rooms and port-a-potties are available at the schools. Fans are asked not to congregate and leave a minimum of 6 foot distance between guests.
Officials	Officials should arrive to games dressed to officiate. Officials shall keep 6 foot distance from all coaches, spectators, participants, and timers whenever possible. Use of face masks and electronic whistles are permitted.
Press Box	Press box will be reserved for: FIRST FLOOR - 1 Public Address Announcer, 2 Clock Scoreboard operators, 2 opposing team coaches/spotters. (5 total). SECOND FLOOR - 1 camera operator from each school, 2 home team coaches (4 total). Game officials, Natinal Anthem Singer, Game Director will be permitted for limited times.
Facility Cleaning/Sanitizing	Students, coaches, and meet director will be sure the practice and meet facility is cleaned daily. Plant Ops/custodial staff will clean and sanitize the restrooms and remove trash per normal procedures.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school. Visiting teams will not use locker room facilities (unless overriding circumstance permits), all players and coaches should come dressed for game. Every attempt will be made for the visiting team to refrain from entering Dover High School other than to use appropriate rest room facilities and for medical attention.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
	Encourage the use of face coverings, social distancing, and good hygiene for all household members.
NFHS/NHIAA Adopted Rule Changes for 2020	http://www.nhiaa.org/ckfinder/userfiles/files/NHIAAModified202021FootballRulesConsiderations.pdf
What do kids do with equipment etc in morning when arriving to school?	When in school students will meet an adult in the hallway outside appropriate locker room to store equipment as necessary.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

GOLF Guidelines 2020

General Precautions	IF YOU FEEL ILL, STAY HOME!
	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	Covid Health Monitoring Sheet will be used through Google Forms process or Paper Document.
Masks	Masks are permitted at all times that participants are not actively engaged in physical play and cannot maintain social distancing guidelines (this includes the Practice Green and Driving Range). Masks are required in the clubhouse including
Social Distancing	Social distancing will be required when not actively engaged in physical play. No gatherings in the parking lot, driving range, or putting green. Minimum of 6 ft social distancing is to be observed at all times.
Practice Travel	Students will be required to provide their own transportation to the golf course for practices and home meets.
Practice Adjustments	Maximum of 8 people on the Putting Green at one time (or 2 from each team). Putting only, chipping/pitching is not allowed. Students should depart immediately from their practice location for home.
Practice Times	Practice times at the golf course are TBD. Practices will take place before or after school only and will be held as a result of course availability and schedules.
Event personnel required (and duties)	Golf course personnel only and host coach only should interact with players. Limits on specator locations (see Fans in Attendance below)
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus or car with their own parent. If travelling in private car screening will take place at match location. Any student not cleared prior to leaving will not be permitted to travel or play in that day's event.
Event Travel	All teams will be screened and cleared prior to boarding the bus. Whenever possible students will be seated 1 to a seat with the seat behind the bus driver left open. More than 1 student per seat is permissible IF those individuals in the same seat are members of the same household. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared prior to participation will not be permitted to take part in that day's event.
Pregame Conference/Meeting	Will take place with each group (4 players and host coach) at the first tee. Players and coach should maintain social distancing and wear masks.
Event Accommodations	The course set up offers ball washers and rakes, we encourage flagsticks to be left in the hole.(however, players may remove them at their discretion).
Event Times	Match dates / times TBD based on course availability. NO match will begin prior to 3:15 whenever possible
Fans in Attendance	Spectators will NOT be allowed on putting greens, practice range or within 100 feet of greens and tee boxes.
Facility Alterations for Events	Follow all course rules. Minimize handling of sand trap rakes, ball washers and flagsticks.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

GOLF Guidelines 2020

Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration stations provided other than "tap" water or course specific locations (e.g. vending machine, etc.)
Personal Sanitization/Cleaning	Sanitizer may be available in the clubhouse and are strongly encouraged to provide their own hand sanitizer. Students should sanitize their hands before and after each practice or match and as often as possible during practices/matches. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	No shared equipment or golf balls. All players are responsible for their own equipment and sanitization of it.
Warm up balls/equipment	Each player is responsible for his or own golf balls.
Game balls/equipment	Each player is responsible for his or own golf balls. Unless provided by the coach.
Facility Cleaning/Sanitizing	Course will follow CDC and state guidelines for sanitization and cleaning.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
	Encourage the use of face coverings, social distancing, and good hygiene for all household members.
NFHS/NHIAA Adopted Rule Changes for 2020	not yet available
what do kids do with equipment etc in morning when arriving to school?	Students will be permitted to leave golf bags in the Coaches Office (near athletic office). No more than one student in the Coach

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

SOCCKER and Unified Soccer Guidelines 2020

General Precautions	IF YOU FEEL ILL, STAY HOME!
	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	Covid Health Monitoring Sheet will be used through Google Forms process or Paper Document.
Masks	Masks are permitted at all times. Masks will be required when students/coaches are not actively engaged in physical play.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Travel	HS Students: Students should arrive for a their assigned practice times at Dover High School (Bellamy Field on most occassions). All vehicles that are to be parked for Soccer practice and game purposes should use the Bellamy Academy parking lot or the parking lot in front of Dover High Schools. Parents/Guardians are requested to remain in their vehicles whenever possible and to not conggregate outside vehicles in the parking lot.
	MS Students: Students should arrive for their 3:00 pm practice times at Dover High Schools Bellamy Field (on most occassions unless otherwise specified). All Students should be dropped off and picked up in the Bellamy Parking Lot. Parents/Guardians are requested to remain in their vehicles whenever possible and to not congregate outside vehicles in the parking lot.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. After practices students are not to return to the school or building. They should depart immediately from their practice location.
Practice Times	Practices will not begin before 3:00pm at both HS and MS unless deemed necessary for scheduling purposes (e.g. weather, field availability, emergent situations, etc.)
Event personnel required (and duties)	Game Director: Encourage social distancing, parking, good sportsmanship, etc..
	High School only: Athletic Trainer to ensure the safety of student athletes.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus or car with their own parent. Any student not cleared prior to leaving will not be permitted to travel NOR play in that day's event.
Event Travel	All teams will be screened and cleared prior to boarding the bus. Whenever possible students will be seated 1 to a seat with the seat behind the bus driver left open. More than 1 student per seat is permissible IF those individuals in the same seat are members of the same household. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared prior to participation will not be permitted to take part in that day's event.
Pregame Conference/Meeting	Attendance at pregame conference limited to one coach and one player from each team along with one referee. Conference will be moved to center of the field.
	Teams shall not gather together for pregame introductions of players. All players should report to their starting positions on the field. If introductions are to be done, players can be recognized from the field and bench area.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

SOCCER and Unified Soccer Guidelines 2020

Pregame Introductions/Anthem	If the National Anthem is to be played/sung, team members will participate from their spots on the field or bench area. There is not to be congregating during the National Anthem.
Event Accommodations	Substitutions: if multiple subs are coming in at the same time, only one should report to the center line and maintain social distancing. When the referee signals for the sub to enter the field, that sub along with others directly from the bench area may enter the field.
	Gloves are permitted.
	Mouthguard requirement is suspended for the 2020 season only. Coaches are asked to remind student-athletes who wear mouthguards to leave them in as much as possible to protect their safety and that of others.
Event Times	Game times could be pushed later in the day whenever possible due to availability of busses for our students and for our opponents. Time between JV and Varsity games could also be extended as necessary. Available sunlight will determine some game times, especially later in the season.
Score table set up	Only the home team scorer and clock/timer operator are permitted at the score table and must maintain 6 ft social distancing. Visiting team scorer will not be allowed at the table. Athletic trainer should have a visible location maintaining 6 feet of distance. If possible NO score table will be utilized.
Team Bench set up	All members of a team on the sideline will observe 6 feet of social distancing.
Fans in Attendance	Immediate family only will be permitted to attend games.
	Family members will be required to wear masks while at school athletic events and must maintain a minimum 6 foot separate from other families.
Facility Alterations for Events	More space to allow for social distancing whenever possible.
Hydration	Students will be required to provide their own water/sports drink for bottles/containers practices and games. There will be common hydration refill stations provided.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or game and as often as possible during practices/games. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	Several game balls will be in play at all times. Ball handlers should wear gloves and game balls will be sanitized whenever possible during the match at the conclusion of each match.
Warm up balls/equipment	Each team will provide their own sport specific soccer balls and other equipment for warm ups. Teams will not share soccer balls for warm ups.
Game balls/equipment	Home team will provide the required number of game soccer balls to be able to sanitize and rotate in soccer balls as necessary.
Locker rooms/rest rooms - participants (non school days only)	Students are to arrive to practice/events dressed for participation. Locker room access will not be available though bathroom facilities will be accessible.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

SOCCKER and Unified Soccer Guidelines 2020

Locker rooms/rest rooms - participants (school days only)	The number of students permitted into the locker room at one time will be limited. Students will be required to socially distance themselves in a line in the hallway outside the locker room wearing face coverings. Students will change into their uniforms/practice attire quickly.
Rest rooms/spectators	Rest rooms / Port-a-Potty's will be available on Bellamy Field . Fans are asked not to congregate and leave a minimum of 6 foot distance between guests. Bathrooms will be sanitized at the end of each day at a minimum - more frequently whenever possible.
Officials	Officials should arrive to games dressed to officiate. Officials shall keep 6 foot distance from all coaches, spectators, participants, and timers whenever possible. Officials should not touch the soccer balls with their hands whenever possible. Use of face masks and electronic whistles are permitted.
Press Box	See scoretable above.
Facility Cleaning/Sanitizing	Students, coaches, and facility director (or designee) will be sure the facility is cleaned daily. Plant Ops/custodial staff will clean and sanitize the restrooms and remove trash per normal procedures.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
	Encourage the use of face coverings, social distancing, and good hygiene for all household members.
NFHS/NHIAA Adopted Rule Changes for 2020	http://www.nhcaa.org/ckfinder/userfiles/files/NHIAA%20Modified%202020-21%20Soccer%20Rules%20Considerations.pdf
what do kids do with equipment etc in morning when arriving to school?	When in school students will meet an adult in the hallway outside appropriate locker room to store equipment as necessary.

Nashua School District
Interscholastic Athletics Return to Play Fall 2020

VOLLEYBALL Guidelines 2020

General Precautions	IF YOU FEEL ILL, STAY HOME!
	All NH and CDC safety precautions are to be followed. Universal Guidelines for NH Employ and Employees are to be followed.
	No hugging ,shaking hands, fist bumps or contact of any kind. Sanitizer readily available.
	Face masks should be worn at all times when 6 foot distance between individuals cannot be maintained.
	No spitting, chewing gum, spitting/chewing seeds.
Daily Screening	Covid Health Monitoring Sheet will be used through Google Forms process or Paper Document.
Masks	Masks are permitted at all times. Masks will be required when students/coaches are not actively engaged in physical play and cannot maintain 6 feet social distancing.
Social Distancing	Social distancing will be required when not actively engaged in physical play.
Practice Travel	HS Students: Students should arrive for a typical practice time at Dover High School's Main Gym (when schedule permits - Auxiliary gym) for a 4:30 PM Warmup. Students should enter DHS using Door C-09. All vehicles that are to be parked for Volleyball practices and Match purposes should use the large parking lot in front of Dover High School.
	MS Students: Students should arrive for their 3:00 pm practice times at the Dover Middle School Gym. All Students should be dropped off and picked up in the Parking Lot in front of Dover Middle School. Parents/Guardians are requested to remain in their vehicles whenever possible and to not congregate outside vehicles in the parking lot.
Practice Adjustments	As much as possible, practices are not to include person-to-person contact. Students are to come to practices and matches dressed for play. Locker room will not be available for use except in unusual circumstances. After practices and matches students should depart school immediately.
Practice Times	Practices will not begin before 3:00pm at both DHS and DMS.
Event personnel required (and duties)	Game Director: TBA
	High School only: As much as possible the Athletic Trainer will be on site to help ensure the safety of student athletes.
	Ball handlers/sanitizers: someone to ensure the game ball is removed and sanitized at the appropriate times.
Prior to Event Travel	All teams will be screened and cleared prior to boarding the bus or car with their own parent. Any student not cleared prior to leaving will not be permitted to travel or play in that day's event.

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VOLLEYBALL Guidelines 2020

Event Travel	All teams will be screened and cleared prior to boarding the bus. Whenever possible students will be seated 1 to a seat with the seat behind the bus driver left open. More than 1 student per seat is permissible IF those individuals in the same seat are members of the same household. If students do NOT leave from Dover High School or Middle School on the school bus those student-athletes will be screened and cleared prior to joining the team for any athletic participation. Any student not screened and cleared prior to participation will not be permitted to take part in that day's event.
Pregame Conference/Meeting	Attendance at pregame conference limited to one coach and the two referees. Conference will be moved to center of the court.
	There will be no coin toss. The visiting team will serve first in set one and alternate for the remaining non-deciding sets.
Pregame Introductions/Anthem	Teams shall not gather together for pregame introductions of players. All players should report to their starting positions on the court. If introductions are to be done, players can be recognized from the court and bench area.
	If the National Anthem is to be played/sung, team members will participate from their spots on the court or bench area. There is not to be congregating during the National Anthem.
Event Accommodations	Substitutions: if multiple subs are coming in at the same time, only one should report to the center line and maintain social distancing. When the referee signals for the sub to enter the court, that sub along with others directly from the bench area may enter the court.
	Gloves are permitted.
	Teams will NOT switch sides of the court or benches during the match.
	Deciding set coin toss: conference is between one captain from the floor from each team and the 2nd referee. A coin toss called by the home team will determine serve/receive. Teams remain on the sides they have been on for match.
Event Times	The time between matches may be extended to allow for clearing of the gym/court and cleaning.
Score table set up	Only the home team scorer, clock/timer operator, and libero track are permitted at the score table and must maintain 6 ft social distancing. Visiting team scorer will not be allowed at the table. Athletic trainer should have a visible location maintaining 6 feet of distance.
Team Bench set up	All members of a team on the sideline will observe 6 feet of social distancing. Chairs are to be set 6 feet apart.
Fans in Attendance	Fans will not be allowed to attend matches at Dover High School until further notice. Only members of the Home Team, Away Team, Game Officials and necessary personnel (Athletic Trainer, Game Director, etc.) will be in attendance. Media personnel will be allowed to be in attendance and will be provided an area to photograph and report match results.
Facility Alterations for Events	Make reasonable adjustments, whenever possible, to allow for social distancing.

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VOLLEYBALL Guidelines 2020

Hydration	Students will be required to provide their own water/sports drink for practices and games. There will be NO common hydration Jugs provided. All individuals will be required to use the filling stations available at Dover High School.
Personal Sanitization/Cleaning	Students should sanitize their hands before and after each practice or game and as often as possible during practices/games. Students are encouraged to shower after returning home after practices or meets.
Equipment Sanitization/Cleaning	Several game volleyballs will be available to be put in play at all times. Ball handlers should wear gloves and game volleyballs will be sanitized at the conclusion of each match and whenever possible during timeouts and stoppages of play.
Warm up balls/equipment	Each team will provide their own sport specific volleyballs and other equipment for warm ups. Teams will not share volleyballs for warm ups.
Game balls/equipment	Home team will provide the required number of game volleyballs to be able to sanitize and rotate in volleyballs as necessary. A sanitized ball will be put into play at each time-out and after each set.
Locker rooms/rest rooms - participants (non school days only)	Students are to arrive to practice/events dressed for participation. Locker room access will not be available except in unusual circumstance. Bathroom facilities will be accessible and cleaned and sanitized at the end of each day at a minimum.
Locker rooms/rest rooms - participants (school days only)	The number of students permitted into the locker room at one time will be limited. Students will be required to socially distance themselves in a line in the hallway outside the locker room wearing face coverings. Students will change into their uniforms/practice attire quickly.
Rest rooms	Rest room facilities will be accessible and cleaned and sanitized at the end of each day at a minimum. Individuals are asked to not congregate and leave a minimum of 6 foot distance between guests.
Officials	Officials should arrive to matches dressed to officiate. Officials shall keep 6 foot distance from all coaches, participants, game personnel and those at the scorers table. Use of face masks and electronic whistles are permitted.
Press Box	See scoretable above.
Facility Cleaning/Sanitizing	Students, coaches, and meet director will be sure the practice and meet facility is cleaned daily. Plant Ops/custodial staff will clean and sanitize the restrooms and remove trash per normal procedures.
Protocols visiting team	Each school will conduct screenings including temperature checks prior to leaving their facility. Anyone arriving to an away event has been cleared by their home school.
Parents/Guardians	Ensure your child and immediate household members are free from illness before allowing child to participate in practice and competition. WHEN IN DOUBT, STAY HOME.
	Provide personal equipment and water bottles for your child and clearly label them.
	Disinfect your child's personal equipment after each game or practice.
	Encourage the use of face coverings, social distancing, and good hygiene for all household members.

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VOLLEYBALL Guidelines 2020

NFHS/NHIAA Adopted Rule Changes for 2020	http://www.nhiaa.org/ckfinder/userfiles/files/NHIAA%20Modified%202020-21%20Volleyball%20Rules%20Consideratio
what do kids do with equipment etc in morning when arriving to school?	When in school students will meet an adult in the hallway outside appropriate locker room to store equipment as necessary.

COURSES REQUIRE MINIMUM ENROLLMENT-Policy IIBC

Waiver Requests for school year 2020-2021: Dover High School and Career Technical Center

1. Requests to run classes of less than 11

- Honors Biomedical Science II: 7 students

Rationale: This is still a new program and has been slowly growing enrollment. In the 18-19 school year Biomedical I & Biomedical II were co-taught in the same block due to low numbers. In 19-20 there were 17 students enrolled in Biomedical I, which has slightly grown to 22 for this year.

BioMed II must be offered to the students moving on; we are hoping that the enrollment trend continues upward for this high-need field as demonstrated by the high numbers enrolled in Biomedical I this year. 6 out of 7 students enrolled are seniors looking to complete the program.